



## New Year Often Brings Reflection Over the Previous Year With Projects or Resolutions

New Year, new resolutions and recognizing mistakes or regrets from the previous year. Despite your best and most creative efforts, sometimes projects and plans are not successful. According to the Jeffrey Baumgartner website, you can analyze failure by asking these questions:

**What went right?** It's a rare failure that doesn't have some redeeming qualities. Identify things that went well. It'll cheer you up, and you may incorporate those small victories into your next project or goal for the new year!

**What went wrong?** Now that you're feeling a little better, look at where you tripped up. Make a list of the mistakes you made so you know what was the root causes of your failure.

**Why did it go wrong?** Maybe your process was flawed, or you had bad information, or you made incorrect assumptions. Ask the people around you for the perceptions. When you learn why things went awry, you'll be better able to avoid future mistakes.

**Are you repeating mistakes from before?** Everyone makes the occasional mistake. You've got to be sure you're not making the same mistakes over and over again. Look at past failures to determine whether your process is flawed in some way.

**What can you salvage?** Take a look at the end result and see if you can find something useful to recycle!

### Next HOA Meeting

**Tuesday, Jan. 28, 2020, 7:00 p.m.**  
King Soopers Ken Caryl Deli  
Anyone is welcome to attend

## Holiday Lighting Contest Winners:

- 1st: 7302 S Miller
- 2nd: 7354 S Moore ct
- 3rd: 7222 S Miller
- 4th: 10667 W Roxbury

Congratulations! Your friendly neighborhood HOA representative will be stopping by with a prize and some special recognition for you!

Happy New Year from your Williamsburg 2 HOA and neighbors! We love our neighborhood, so in honor of the upcoming Valentine's Day Month in February, anyone who pays their HOA dues before Feb. 28<sup>th</sup> will entered into a contest to win a dinner out with their significant other! For our new neighbors who have recently moved into the Williamsburg 2 neighborhood, and for those that might not know the value the HOA dues bring-they are allocated for:

**Social activities and events** throughout the year for our wonderful neighborhood. These include events like the Easter Egg hunt, 4<sup>th</sup> of July Bike Parade, Summer Bash, Wine & Cheese Event, Neighborhood Block parties and the Santa Sleigh/Hayride!

**Gift Cards:** Gift cards are awarded throughout the year for Yard of the Month, Halloween decorations, Christmas Lighting Contest or other miscellaneous contests that make living in our neighborhood fun!

**HOA Upkeep:** Small amounts of money are allocated to help with neighborhood clean up events, printing, electrical, small landscaping, printing or other miscellaneous expenses.

**Neighborhood welcome packets:** We have reinstated the neighborhood welcome packets and there are nominal costs associated with these as well.

Please contribute your voluntary HOA payments early – and if you want to give extra, or on behalf of a neighbor who cannot, we love to receive payments early to help our board plan events for the rest of the year. And thank you all for being great neighbors in one of the best neighborhoods in South Jeffco!



### Williamsburg II 2019 HOA Payment Coupon

Membership: \$35.00. All residents of Williamsburg II are encouraged to join! Please return this form and a check made payable to Williamsburg II HOA and mail to **Mark Hickman, 10588 W. Roxbury Avenue, Littleton, CO 80127**. Your dues pay for the maintenance of the front entrance, electricity for the lights, Board of Directors insurance and social events that promote community involvement. Your support is greatly appreciated. Thank you!

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

## 5 Ways to Save Money When Remodeling for Resale

When it comes to home improvement projects, no one wants to spend more money on something than they absolutely must. Homeowners who do home projects with an eye toward reselling especially don't want to overspend. They want to get the most bang for their buck.

Unfortunately, some of the home improvements that increase a home's value the most are also the most expensive. Kitchens, bathrooms, adding square footage or building an outdoor area are among the tops in return on investment, but that kind of remodeling requires quite an investment.

It's a conundrum for home sellers. Do you spend big money so that a house will look better for buyers and hope for a better sales price? Or do you skimp on sprucing the place up and live with the sales price you get? Maybe it can be a little bit of both. With that in mind, here are five ways homeowners can save money when they're remodeling for resale.

### Do What You Can Yourself

Remodeling a kitchen and finishing a basement are big jobs. But things such as a fresh coat of paint, modern light fixtures or even hard-surface flooring can freshen a home quickly and relatively easily. Just about anyone can paint walls, and with newer types of hard flooring, such as luxury vinyl tile, you only have to be somewhat handy to install them.

As for light fixtures, it requires turning off the circuit, removing a couple of screws and reconnecting a couple of wires. If you need to replace an electrical panel or rewire a whole house, sure, call an electrician. But if you're just switching out lights, there's no need to pay someone \$100 an hour.

Also, thanks to YouTube, you can find how-to videos for just about any do-it-yourself home project.

### Provide the Materials

When you do have to hire someone else for a job, you might want to inquire about the cost if you supply the materials yourself. Unfortunately, some contractors mark up the materials when charging consumers.

Getting the materials to the job yourself could allow you to shop around a little, looking for the best price. Transporting materials yourself, if possible, might save on some cost of labor. Or if you have gift cards or earn credit card rewards, buying the materials yourself can allow you to use or earn those things.

On the flip side, there are suppliers that give contractors better pricing. You should ask about whether those savings are passed on to you, or if you pay retail. If it's the latter, there's no harm in shopping for a better price.

### Save It for the Offseason

Traditionally, the spring and summer are homebuying seasons. They are also when contractors are busiest.

Have you ever tried to hire a landscaper in the spring, when they're booked solid on jobs? If your home is in need of some work on the exterior, you might want to consider getting it done in the fall, when landscapers are looking for work.

The same goes for other contractors. Painters, for example, aren't as busy in the winter because they're limited to interior work. If there's interior painting you don't want to tackle yourself, aim for hiring a pro in the winter. Also consider lining up work for late fall, when tradesmen might be looking for extra cash for the holidays.

### Refresh or Repair Instead of Replacing

If your washer or dryer breaks down, you might hear that it's cheaper to replace it than to have it repaired. That, however, isn't the case with everything in your house.

For instance, if your kitchen cabinets are in need of an upgrade, painting them is likely going to be less expensive than replacing them. Doing it yourself is a big job that has to be done right, but hiring a company to paint them is still more cost-effective than replacing them. Similarly, refinishing hardwood floors is usually more economical than tearing them out and installing new ones.

### Be Your Own General Contractor

For big jobs, you might be tempted to hire a general contractor to oversee things. There are general contractors, though, who do little of the actual work themselves. They simply handle the logistics of scheduling and paying sub-contractors, such as plumbers, drywall hangers and electricians. You will pay them just to do that scheduling and payment handling.

## 2020 Board Members

President, Kathy Morelli  
Vice President, Wendi Milinkov  
Treasurer, Mark Hickman, 303-933-2422  
Secretary, Laura Blakey  
Board Members, Melissa Becker, Brian Bennet

### Committees

Historian	Debra White	
Sign Boards	Bob Snead	
Architectural Coord.	Jim Reindel	303-847-6049
Block Leader Coord.	Open	
COHOPE Rep.	HOA Board	
Common Areas	Kathy Morelli	
Covenant Controls	HOA Board	
	williamsburg2covenants@gmail.com	
Newsletter Coordinator	Wendi Milinkov	720-454-5776
Special Events	Laura Blakey	415-793-6836
Foothills Liaison		
Newsletter Distributor	Sheila Rea	303-887-7023

[www.williamsburg2hoa.com](http://www.williamsburg2hoa.com)  
[williamsburg2hoa@gmail.com](mailto:williamsburg2hoa@gmail.com)

**Check out our Facebook Group Page at:  
Williamsburg II. Type this in the group search  
option to see if you are a member.**

The Williamsburg II HOA newsletter is published monthly by the Williamsburg II Homeowners Association, a non-profit homeowners association. The newsletter is distributed by block workers.

### News Articles

The deadline for news articles is the 12th of the month before the next month's issue. Please email news articles to the editor at [wendimilinkov@yahoo.com](mailto:wendimilinkov@yahoo.com). No endorsement of any product or service is implied or stated by its inclusion in the newsletter. **All articles must be approved by the editor for publication, or as space permits.**

### Advertising

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 7th.

To place an ad, call Colorado Lasertype, **303-979-7499.**

Email: [getinfo@coloradolasertype.com](mailto:getinfo@coloradolasertype.com)

To find ad rates and discounts, go to [www.ColoradoLasertype.com](http://www.ColoradoLasertype.com) and click on the "Advertising Rates" link.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

Instead, you can get quotes from all the necessary people yourself and schedule all their respective jobs yourself. It involves some work, but doing it yourself means you don't have to pay someone else to do it.

The goal of every home seller is to get top market value for their home, and sometimes it requires making improvements to the home. But if you're remodeling for resale, keep in mind these ways to save some money.

# National Compliment Day - Spread the Kindness Wherever You Go to Kick Off 2020!

National Compliment Day is an unofficial holiday which falls annually on January 24th. The purpose of this holiday is to say something nice to your friends, family, and co-workers. After all, giving out compliments not only makes the receiver happy and helps build up trust between that person and you but studies have shown that giving out compliments also has a beneficial effect on the person giving out the compliment. In other words, give out a compliment and you may make yourself happy as well.

While this holiday isn't very well documented, it is believed that it was started by two women from New Hampshire in 1998. These women, Kathy Chamberlin of Hopkinton, N.H. and Debby Hoffyman of Concord, N.H., created National Compliment Day to let people know that paying compliments are not only an easy way to connect with another human being but that it is also a very positive way.

According to psychologists, compliments are very powerful. Probably much more than you would think they are. If you don't believe me, then all you have to do is look at the following benefits that compliments provide:

- It Motivates People-If you tell someone they are doing a great job, then it can provide motivation for them to work even harder and do an even better job. And that's a powerful effect considering that people who don't feel appreciated for the jobs they do end up doing worse of a job than someone who feels appreciated but isn't being complimented.

- It Spreads Happiness-As I stated before, compliments not only make the recipient happier but studies have shown that it can make the person giving out the compliment happier as well. And who doesn't want to be happy? After all, smiling is shown to burn calories.
- It Creates A Positive Environment-Giving out compliments not only benefits the giver and the receiver of the compliment in the workplace, however. It also benefits everyone. Studies have shown a link between workers giving each other compliments and them feeling more positive about their working environment.

The best way to celebrate this holiday is by giving someone a compliment. According to the dictionary, a compliment is a polite expression of admiration or praise. It can be given verbally or in the form of a note, so choose a method that best suits you. Be sure to compliment friends, family, coworkers and even complete strangers, if you want to. Just be sure that your compliment is heartfelt and sincere. Nothing is worse than receiving a false compliment, just keep that in mind. If you want to share the holiday on social media, then be sure to use the hashtag #NationalComplimentDay.

National Compliment Day is the perfect holiday to show those people around you that you appreciate and love them. It's also a great day to break away from negative attitudes and work towards creating a more positive working environment. After all, compliments are powerful tools that can transform human relationships, so why not use them?

**Supreme REALTY GROUP**

**Jenelle Bezdek**  
Broker Owner  
303.668.6970  
www.SupremeRealtyGroup.com

*"Your Realtor For Life!"*  
South Metro Denver Realtor Association Diamond Circle Award Winner  
6 year winner of the 5280 Five Star Professional Real Estate Agent  
Jefferson County School Supporter  
Chatfield High School Mom

Toll Free: 1-866-348-0555 | eFax: 303-845-9386  
Jenelle@SupremeRealtyGroup.com  
www.Facebook.com/SupremeRealtyGroup

Facebook YouTube Twitter LinkedIn

**Emergencies can happen any time. We're here to treat them, 24/7.**

At the West Littleton Emergency Room, we're always there to provide the best possible care during some of life's most unexpected situations and circumstances. Our team of board certified emergency medicine physicians, specialty trained nurses, and paramedics with significant experience in emergency care are ready day and night with the skills and equipment they need to quickly treat patients of any age, no matter the emergency.

**West Littleton ER**  
Littleton Adventist Hospital  
Centura Health.

Centura Health does not discriminate against any person on the basis of race, color, national origin, disability, age, sex, religion, creed, ancestry, sexual orientation, and marital status in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact Centura Health's Office of the General Counsel at 1-303-673-8166 (TTY: 711). Copyright © Centura Health, 2019. ATENCIÓN Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-303-673-8166 (TTY: 711). CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số: 1-303-673-8166 (TTY: 711).

# Olympics

Copyright 1996 John R. Potter, John's Word Search Puzzles, <http://www.thepotters.com/puzzles.html>



ARCHERY	HOCKEY
ATLANTA	JUDO
BADMINTON	MEDAL
BASEBALL	PENTATHALON
BASEBALL	SAILING
BASKETBALL	SILVER
BOXING	SOCCER
BRONZE	TENNIS
CANOEING	TORCH
CEREMONIES	TRACK
DIVING	TV
EQUESTRIAN	VOLLEYBALL
FENCING	WRESTLING
FIELD	YACHTING
GOLD	
GYMNASTICS	

## This Space Intentionally Left Blank for Teen Services

## Simple Tips For A Healthier Heart

Close to 2,200 people die each day in the United States because of cardiovascular problems. That's one every 40 seconds.

Here's some advice from the WMC Action News website on how to keep your heart healthy:

- **Laugh a lot.** Laughter dilates your blood vessels, increases blood flow, and lowers your blood pressure.
- **Snuggle.** Hugging releases oxytocin, a hormone that relieves stress and can reduce blood pressure.
- **Get a pet.** A University of Maryland study found that survivors of a heart attack who had a dog were eight times more likely to be alive a year after their attack.
- **Get the right amount of sleep.** Both oversleeping and getting less than six hours of sleep a night raises your heart attack risk. Aim for about eight hours every night.
- **Drink coffee.** Studies suggest that caffeine can stabilize your heart rhythm if you have an abnormal heart rate. Check with your doctor.
- **Move around.** Standing and moving around one hour per day can reduce cardiovascular disease risk in women by 25%, according to a University of California, San Diego, study.

## CLASSIFIEDS: The perfect way to find local professionals to work on your house! You can also find tutors, activities, sale items and more!

Find more professionals to suit your needs on our Service Provider Directory at [www.coloradolasertype.com](http://www.coloradolasertype.com).

**Trees by Mr. B. Winter Pruning Spec.-15% disc.** Free est., ins., 30 yrs. exp. 303-932-2514

**Mike the Plumber** - Your reliable neighborhood plumber for 14 yrs. Competitive rates. Free estimate. 720-422-8139

**QUEEN PILLOWTOP MATT/BOX SET.** Brand new in plastic. Retail \$529, asking \$285. Also, **NEW KING SIZE pillowtop set.** Retail \$699, asking \$385. 303-742-4860.

**OB PAINTING. Interior/Exterior.** Free Estimates. Rob: 303-986-8198

**Drywall - Basement finishes - Remodeling.** Years of exp. w/ refs. Gary 303-829-6363

**Lisa's Music Studio.** Piano, Guitar, Banjo, Ukulele, Viola, Violin, Cello, Drums and Flute. 303-883-1157.

**Stecki painting.** Inter/ext. Jeff 720-331-7025

**Lone Wolf Sprinklers. 30+ yrs. exp.** Repairs, start-ups, updates & winterizing. Free estimates. O: 720-362-2563 C: 720-934-6701.

**Animals Petsitting Service** - Pet sitting (in your home). Bonded & ins. Refs. avail. Call Nancy & Rick (Owner/Operator) at 303-335-6237.

**Columbine Tree - Trimming & Removal.** Stump grinding. 50+ yrs exp. 303-979-5330.

Classified ads are \$4.00/line (about 40 characters/line). Contact Colorado Lasertype at 303-979-7499 or [getinfo@ColoradoLasertype.com](mailto:getinfo@ColoradoLasertype.com) to place an ad. To view our display ad prices, visit our website at [www.ColoradoLasertype.com](http://www.ColoradoLasertype.com). The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 7th. Residents placing ads to sell household items are not charged a fee.

## National Mentoring Month

You can make a fundamental difference in the life of a young person. Your commitment and guidance can be the driving force to their future success and their willingness to reach back and help someone else. Make the effort and mentor someone. For toolkits and other resources, go to <https://www.mentoring.org/>

## Start The Year Off With A Clean Slate

Because of the snow and cold weather, some of us will be spending a significant amount of time indoors. What better time to focus your energy on cleaning up your computer, and maybe your smartphone, too? Though this might sound like a daunting task, it's totally worth the effort. Here's what you should do:

- Make sure your operating systems are updated and that you are using the most recent versions of your internet browser and virus protection.
- Organize documents and photos into folders.
- Delete any duplicates, items you no longer need, and apps you are no longer using.
- Store some things on the cloud to free up space on your hard drive.
- Get a handle on your email by unsubscribing from junk mail, saving important items in folders, and deleting the rest. (This could easily take a weekend.)
- Back everything up on an external drive or disk.



## EXPERIENCE FRCS

Thursday February 20; 5:30-7pm in Holy Grounds

**Y**ou and your family are invited to experience Front Range Christian School: Enter the heart of FRCS, the classroom, and engage with teachers who are passionate about what they teach. See first-hand how discipleship is the foundation upon which we stand and what a difference a balanced approach to education can make. This event is open to students preschool-12th grade and their families.

Reserve your spot at

[frcs.org/experience](http://frcs.org/experience)

6657 W Ottawa Ave, #A-17; Littleton CO • 303-531-4541



**Dr. Lee Bregitzer & Associates**  
**303-979-4040**

Wednesday is 62+ Senior 15% Discount Day  
 Regular Hours Only • Limited Offer

**\$20 OFF**  
 any service  
 with coupon

*Your Answer to Quality Emergency & Routine Veterinary Services*  
 Vaccinations • Medical • Dental • Geriatrics • Diet • Spay • Neuter  
 Grooming • Boarding • Surgical • 2nd Opinion • New Laser Surgical Center

**Special Sunday Hours: 10-4 pm**  
*(Sorry, no boarding in/out)*  
 Regular Office Hours:  
 Weekdays: 8-1 / 2-6  
 Saturday: 8-12

5546 W. Canyon Trail  
 off Platte Canyon Rd.  
 in Columbine Hills

[www.columbineanimal.com](http://www.columbineanimal.com)

## Jefferson County Reminds You to Check Your Emergency Preparedness

We are fortunate to live in one of the most beautiful counties in the United States. However, this beauty should not lull us into a sense of complacency. In recent years we have experienced flash floods, wildfires, blizzards, and even droughts. These disasters underscore the responsibilities we all share for the safety of our families, our neighbors, and our community.

This emergency preparedness guide is designed to provide practical information on how you and your family can prepare for most disasters that could occur in our community. It includes up-to-date, hazard-specific safety tips and information about preparedness, mitigation, and prevention.

Your emergency management office works throughout the year to prepare our communities and ensure a wellcoordinated response to and recovery from any potential disaster. Jefferson County is one of the largest and most populous counties in Colorado. We have 19 fire / EMS agencies, 12 law enforcement agencies, and 11 individual municipal governments to serve our citizens. Emergency management is tasked with ensuring coordination with all the agencies along with state and federal agencies, service organizations, businesses, and the general public. Despite all the organizations involved, we can't be successful without your participation.

We know that disaster preparedness works and those equipped with information and a plan will fare much better than those without. We encourage you to take action now to help prepare your family for potential emergency situations. Some of the steps you can take today include:

- Register for CodeRED - our emergency notification system
- Create a safety profile at <http://jeffco.us/sheriff/emergencies>
- Prepare an emergency kit
- Follow us on Twitter [www.twitter.com/JeffcoSheriffCO](http://www.twitter.com/JeffcoSheriffCO)
- Like us on Facebook [www.facebook.com/JeffersonCountySheriff](http://www.facebook.com/JeffersonCountySheriff)

We all have a personal responsibility to be ready for emergencies. If you have any questions or would like additional information please contact our office at 303-271-4900.

—Your Jefferson County Emergency Management and Preparedness Team

## National Volunteer Blood Donor Month

The demand always exceeds the supply for those suffering from accidents and illnesses that require the transfusion of blood components. You can help. Consider making a donation now and throughout the year. Find out more at <https://www.redcross.org/give-blood.html>.

## SHOP LOCAL

When you buy from a small business, you're not helping a C.E.O. buy a 3rd vacation home, you're helping a little girl get dance lessons, a little boy get his team jersey, moms & dads put food on the table.

Check your newsletter to hire local professionals.  
Call today to place an ad!

303-979-7499

GetInfo@ColoradoLasertype.com  
[www.ColoradoLasertype.com](http://www.ColoradoLasertype.com)

**Colorado**  
**Lasertype**  
Your neighborhood  
newsletter publisher

## WE HAVE MOVED!

11550 West Meadows Drive, Littleton

- Double The Square Footage
- Previous Vitamin Cottage Building on corner of Ken Caryl and Simms
- Come Check Out The New Space!



- Dedicated Kids Area
- OPEN TO ALL AGES AND ALL FITNESS LEVELS!

[www.CROSSFITKENCARYL.com](http://www.CROSSFITKENCARYL.com)

**720-660-1213**

- FitCamp Endurance Classes
- Crossfit Lite:
- USA Weightlifting Certified
- Nutritional Counseling

**TRY A  
CLASS  
FOR FREE!**